

TANGLED

Choreo by Silvia Denise Staiti

Level	Upper Intermediate - 64 Counts - 2 Walls
1 Tag	(after the first 8 counts of 5 th wall)
2 Restarts	(after 56 counts of 2 nd wall and after the Tag)
Music	Tangled – Album The hard way – One more girl

Start after 32 counts

Section 1 - Right stomp fwd, Lift up right point, Sailor step, ½ turn right, Sailor step, Left kick

- 1 – 2 Right foot stomp forward – Lift up point of right feet and leave right heel on the floor
- 3 & 4 Right step behind - Left step next to right - Right step forward
- 5 – 6 ½ turn to right and left step behind – Right step behind
- &7 – 8 Left step next to right – Right step forward – Left kick forward

Section 2 - L step, R step, L step, Sailor step, kickball change, ½ turn L side step, ½ turn L, R stomp

- &1 – 2 Left side step – Right side step – Left side step
- 3 & 4 Right step behind - Left step next to right - Right step forward
- 5 & 6 Left kick – Left side step – Recover on right
- 7 – 8 ½ turn left and left side step – ½ turn left – Right stomp next to left

Section 3 – R scissors step, L scissors step, R Mambo step, ½ turn L and L step fwd, R stomp up

- 1 & 2 Right rock step - Recover on left - Cross right over left
- 3 & 4 Left rock step – Recover on right – Cross left over right
- 5 & 6 Right step forward – Recover on left – Right step behind
- 7 – 8 ½ turn left and left step forward – Right stomp up

Section 4 – Right kickball change, Right kickball and left toe-touch, Rolling vine to left

- 1 & 2 Right kick – Recover on right – Left step next to right
- 3 & 4 Right kick – Recover on right – Left side toe-touch
- 5 – 6 Left side step – ½ turn left and right side step
- 7 - 8 ½ turn left and left side step – Right stomp up

Section 5 – R mambo fwd, L mambo behind, R mambo behind, L mambo fwd

- 1 & 2 Right step forward – Recover on left – Right step next to left
- 3 & 4 Left step behind – Recover on right – Left step next to right
- 5 & 6 Right step behind – Recover on left – Right step next to left
- 7 & 8 Left step forward – Recover on right – Left step next to right

Section 6 – R Kickball side, R shuffle side, ½ turn right, L shuffle side, ½ turn left, R step, L step

- 1 & 2 Right kick – Recover on right – Left side step
- &3 – 4 Right step next to left – Left side step – ½ turn to right and right side step
- 5 & 6 Left side step – Right step next to left – Left side step
- 7 – 8 ½ turn left and right side step – Left step diagonally behind

Section 7 – Right shuffle back, L step back, R step back, ½ turn back x 3, Right stomp fwd

- 1 & 2 Right step back – Left step next to right – Right step back
- 3 - 4 Left step diagonally back – Right step diagonally back
- 5 - 6 ½ turn left and left step forward – ½ turn left and right step behind
- 7 – 8 ½ turn left and left step forward – Right stomp forward

Section 8 – 2 right bumps, 2 left bumps, Vaudeville, Cross left over right, Right stomp up

1 – 2 2 right bumps with right feet forward

3 – 4 2 left bumps with left feet behind

5 & 6 Cross right over left - Recover on left step diagonally behind - Right heel diagonally forward

&7 - 8 Recover on right next to left – Cross left over right – Right stomp forward

TAG After the first 8 counts of 5th wall

(following music rhythm)

Right stomps x 2 – Left stomps x 2 – Right stomp x 1 – Hold x 4

Sequence:

1st wall 64 counts

2nd wall 56 counts and Restart

3rd wall 64 counts

4th wall 64 counts

5th wall 8 counts (last count is a Left Stomp)

TAG 5 Stomps and 4 hold

6th wall 64 counts

7th wall the first 4 counts of section 1 and final slide to left